



Bay County TV – Serving the Bay Community

Spectrum Ch. 190 facebook.com/BayCountyTV

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Bay County TV Weekly Schedule for November 29 - December 5, 2024

*** = New Program**

MORNING

8:00 AM	Bay County Recreation - Chair Yoga w/ Beth Trahan	29 Min.
8:30 AM	Bay County Sheriff's Office - Hope Not Handcuffs Program	11 Min.
9:00 AM	Hey, Bay City! Podcast w/ Richard Hagen of Richard Eats!	42 Min.
10:00 AM	Renue Physical Therapy Wellness Class - Weight Loss For Health	51 Min.
*11:00 AM	Michigan Out of Doors Episode #2448	27 Min.
*11:30 AM	Great Lakes Now Episode #2411 (Oil Spills & Buried Rivers)	27 Min.

AFTERNOON

*12:00 PM	BCTV Sports - All Saints vs. John Glenn Varsity Boys Basketball (11/21/24)	1 Hr. 26 Min.
1:30 PM	Hey, Bay City! Podcast w/ Richard Hagen of Richard Eats!	42 Min.
2:30 PM	Bay County Sheriff's Office - Hope Not Handcuffs Program	11 Min.
3:00 PM	Bay County Recreation - Chair Yoga w/ Beth Trahan	29 Min.
4:00 PM	Renue Physical Therapy Wellness Class - Weight Loss For Health	51 Min.

EVENING

6:00 PM	Hey, Bay City! Podcast w/ Richard Hagen of Richard Eats!	42 Min.
*7:00 PM	Michigan Out of Doors Episode #2448	27 Min.
*7:30 PM	Great Lakes Now Episode #2411 (Oil Spills & Buried Rivers)	27 Min.
*8:00 PM	BCTV Sports - All Saints vs. John Glenn Varsity Boys Basketball (11/21/24)	1 Hr. 26 Min.
9:30 PM	Renue Physical Therapy Wellness Class - Weight Loss For Health	51 Min.
10:30 PM	Bay County Sheriff's Office - Hope Not Handcuffs Program	11 Min.
11:00 PM	Hey, Bay City! Podcast w/ Richard Hagen of Richard Eats!	42 Min.

EARLY MORNING

*12:00 AM	BCTV Sports - All Saints vs. John Glenn Varsity Boys Basketball (11/21/24)	1 Hr. 26 Min.
1:30 AM	Bay County Sheriff's Office - Hope Not Handcuffs Program	11 Min.
2:00 AM	Renue Physical Therapy Wellness Class - Weight Loss For Health	51 Min.